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## **BOTULINUM TOXIN POST INJECTION INFORMATION**

### **IMMEDIATE POST INJECTION PERIOD**

Keep your head up for 4-6 hours Do not stoop over or strain Do not massage or manipulate the treated area for 4-6 hours Exercise the remaining facial muscles by frowning or smiling frequently for the first hour or so after treatment Do not take any naps or sleep in a reclining position until 6 hours after your treatment Do not take aminoglycoside antibiotics (e.g. gentamicin, tobramycin, netilmicin and amikacin).

### **GENERAL**

You can bathe/shower normally the evening of treatment and apply make-up after 4-6 hours You can resume your normal schedule of exercise and activity the morning after the injections.

### **FOLLOW UP**

If you develop any difficulty with vision or the eyelid becomes droopy this is not an emergency, but you should notify the office If you feel abnormal and think you are developing an allergic reaction, go to the nearest emergency room.

### **CONTINUING THERAPY**

Since the botulinum toxin must be administered the same day it is mixed, it is important that you schedule your next appointment giving as much advance notice as possible.